

ADD/ADHD



Cardinal Pediatrics
304-599-8000

Quick Info

- We do not just 'medicate' children
- We want your child to succeed!
- Schedule all appointments with the SAME doctor so they know you and your child

Plan to Diagnose

- Both parents and teachers will be given Vanderbilt screening tools to fill out
- The screening tools are evaluated by our doctors
- A plan will be determined
- Child is brought back frequently for evaluation and then every 3 months if stable
- If not clear, may be referred to a Clinical Psychologist for more testing
- Check out for www.cardinalpediatrics.com for more info and to show accommodations
- Urine is often tested at appts for level of medication

What is it?

ADHD is Attention Deficit Hyperactivity Disorder. This is essentially an issue with executive function. Kids with ADHD often have trouble managing time, staying organized, managing emotions, paying attention and remembering things, shifting focus from one thing to another, getting started on tasks, thinking before saying or doing things.

Symptoms

- Grabs things without permission, fidgets
- Forgets to bring assignments home
- Act very impulsively or talks excessively
- Can hyper focus on a specific task and block out all

67% of kids with ADHD have a co-occurring disorder

- Depression and Anxiety
- Oppositional Defiant Disorder
- Struggling with Written Expression (Dysgraphia), Reading (Dyslexia), Math (Dyscalculia)

Are you just going to medicate my child? Isn't that what everyone wants?

- No! We want what is best for your child. Medication is just 1 tool in the toolbox.
- Behavior therapy can help kids get organized and replace negative behaviors with positive ones.
- Classroom accommodations, like taking movement breaks and extended test time, can help with staying seated and finishing tasks. Yes, your child can get these!

Does it happen to girls? Isn't it just a boy thing that they will grow out of?

- Boys are twice as likely to be diagnosed, but it occurs in equal numbers. Girls are considered to be less disruptive and dreamy.
- ADHD is a lifelong condition. Symptoms will change, but they will never outgrow it. They will learn new ways to manage the symptoms.
- ADHD is NOT the result of Bad Parenting!! However, it is hereditary. We are here as a team to help our Cardinal Kid succeed.



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Remember we are only a phone call/text away!

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CONTRACT



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Quick Info

We want to make sure our caregivers understand that the medication of a child is a serious step and one not taken lightly. We want to ensure agreement and understanding. We are here to help your child and always have the best interest of your child. We are a team.

Contract

- I agree to have Cardinal Pediatrics write the medication for managing my child's ADHD. I will obtain all my prescriptions for this medication from one pharmacy. The exception would be an emergency situation or in the unlikely event that I run out of medication. Should such an occasion occur, I will inform my physician as soon as possible and allow for a minimum of a 5 day notice period prior to when a refill is needed. I understand that I should stay with the same provider at Cardinal Pediatrics for all appointments.
- I understand the importance of giving the medication at the dose and frequency prescribed by my child's physician. I will give the medication as prescribed. I understand that expected prescription refill dates will be used to promote optimal use of this medication.
- Random urine testing from my child is a matter of routine monitoring and should be expected.
- My child and I will attend all reasonable appointments, treatments and consultations as requested by my child's physician. Medical appointments for my child's medication management will occur every 30 days until medication is stable and then every 90 days.
- I understand that I should check with my child's physician or pharmacist before giving my child other medications including over the counter medications and herbal products.
- I agree to be responsible for the secure storage of my child's medication at all times. I agree not to sell or give my prescribed medication to any other person. I acknowledge that my child's physician is not obligated to replace any medication shortfall.
- I consent to open communication between my physician and any other health care professionals involved in my child's adhd management, such as pharmacists, other doctors, and emergency departments.
- I understand that if I break this agreement my child's physician reserves the right to stop prescribing stimulant medications for my child.
- I agree to seek scholastic progress reports from my child's teachers twice per year and inform physician

Patient

- Name
- Date of Birth

Caregiver

- Signature
- Name
- Date



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