

Developmental dysplasia of the hip



Cardinal Pediatrics
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Developmental dysplasia of the hip or DDH is a condition related to the abnormal development of the hip joint in infants and young children.

Early Diagnosis is important!

- The earlier the patient is treated, the greater the likelihood of a good outcome
- Hip exams are done at every well child check from birth until the child is walking normally.

Risk Factors

Female Sex
Breech Positioning
Family History of DDH
Tight swaddling of the legs

Ultrasound is the method of choice for diagnosing DDH from birth until 4 months of age. All babies affected by breech positioning or who have a family history of DDH are scheduled for an ultrasound at 4-6 weeks of age. Any infant with exam findings concerning for DDH will also need a hip ultrasound.

Xrays are done if the child is older than 4 months.

Any child with an abnormal imaging study will be referred to a pediatric orthopaedic surgeon.



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Remember we are only a text/phone call away!