Counseling

Cardinal Pediatrics
304-599-8000

Unfortunately due to mental health crisis in our area, we are unable to provide timely referrals. Please reach out yourself and ask to be put on several wait lists. We will gladly forward any information that your counselor needs.

CALL 911 / GO TO ER

If child is suicidal or self-harming

988 SUICIDE & CRISIS LIFELINE

QR Code Map

All of our current counseling referral sources. Please call and get yourself on several wait lists.

Childmind.org

A great resource for families. The website include a symptom checker, a parent guide and many different tools and information.

Help4WV.com - Child Crisis hotline

MindShift CBT App

An app with CBT-based tools to tackle worry, panic, perfectionism, social anxiety and phobias

304-599-8000

Remember we are only a call/text away!