INHALER HELP!

Cardinal Pediatrics
304-599-8000

Call 911 if your child:

- Struggles to take each breath
- Is unable to speak or cry
- Has blue or white lips or nails
- Cannot be awakened

Instructional Videos about proper inhaler use from the American Lung Association

www.lung.org

Metered-Dose Inhaler with chamber and mask

Metered-Dose Inhaler with chamber

Flexhaler Inhaler

Diskus Inhaler

Twisthaler Dry Powder Inhaler

Remember to always keep an updated copy of your Asthma Action Plan!

Review it at every visit with your provider.

304-599-8000

Remember we are only a phone call/text away!